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Embrace the Power of Change! No one knows this more than Ron Villano, M.S., LMHC, ASAC, psychotherapist, national speaker and author of *The Zing: The self-discovery guide to help you go from living life to loving the life you live*. He is a highly successful leader in personal and professional counseling.

In 1998, Ron lost his 17-year old son Michael in an auto accident in Patchogue, New York. He spent years working through this profound loss. Then he began to change the way he used to look at living. He learned that the key to getting “The Zing” back was to learn to live in the moment and flow with life – flow with change. Incredibly, he explains that “I used to say that Michael took my life from me. But now I realize that he gave me my life back.”



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His book, *The Zing*, is not about loss. It is about how to work through your challenges by understanding how relationships affect your life and life decisions. When you know why you make choices, you can begin to make new ones, and begin to move forward. And what works for you personally becomes an incredibly powerful tool for everyone else who touches your life.

Ron has appeared on TV and radio across the country and has numerous articles published in print and on the internet. He is the Director of Family and Personal Counseling and has a private practice in psychotherapy in Bohemia and Smithtown, NY. Ron’s appearances at private functions and public events, including an ongoing engagement with Borders Books, are consistently well received with many repeat bookings.

When he speaks about how to go from just living life to loving the life you live it is almost impossible to imagine that his journey included one of the most unthinkable of losses. Michael taught him more about life than he ever imagined. Ron hopes that *The Zing* will plant seeds of hope and help others find peace and happiness.

Affiliations: ACA, WSCA, NYSMHA, HIA, ABA
LMHC -- Licensed Mental Health Counselor; ASAC - Alcohol and Substance Abuse Counselor

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